

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S		1 	2 <b>NO SCHOOL</b>	3 <b>NO SCHOOL</b>	4 <b>NO SCHOOL</b>
B L S	7 <b>NO SCHOOL</b>	8 Banana Muffin & WG Crackers Penne Pasta (1/2c) & Turkey Meat Sauce (3/4c) with Green Salad (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	9 Reduced Sugar Cinnamon Toast Crunch & WG Crackers Turkey Salad Sandwich with Carrot Sticks (1/2c) & Ranch <b>(240)</b> Chinese Chicken Salad with a Wheat Dinner Roll <b>(40)</b>	10 Beef, Cheese & Chili Flaquito Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Black Beans (3/4c) <b>(380)</b>	11 Coffee Cake & String Cheese <b>NO LUNCH ON FRIDAYS</b>
B L S	14 Chocolate Crescent Beef Taquitos (2) with Whole Kernel Corn (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll	15 Strawberry Pop Tart & String Cheese Chicken Fettuccine (1/2c) Alfredo with Green Salad (1 1/2c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	16 Rice Chex & WG Crackers Beef & Bean Chili with WG Saltines (3pkts) & Green Salad (1c) <b>(380)</b>	17 Egg & Sausage Burrito Corn Dog Nuggets (6) with Sweet Potato (3/4c) <b>(380)</b>	18 WG Apple Cinnamon Donut <b>NO LUNCH ON FRIDAYS</b>
B L S	21 	22 Waffles (2) with Syrup Macaroni & Cheese (1c) with BBQ Baked Beans (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	23 Coco Puffs & WG Crackers Turkey & Cheese Sandwich with Carrot Sticks (1/2c) & Ranch <b>(240)</b> Chinese Chicken Salad with a Wheat Dinner Roll <b>(40)</b>	24 Maple Pancake Corn Dog Beef & Cheese Chimichanga with Whole Kernel Corn (3/4c) <b>(380)</b>	25 Cherry Strudel <b>NO LUNCH ON FRIDAYS</b>
B L S	28 Zucchini Loaf Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (3/4c) <b>(300)</b> Caesar Chicken Salad with a Wheat Dinner Roll <b>(80)</b>	29 Blueberry Muffin & WG Crackers Turkey Salad Sandwich with Green Salad (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	30 Multi Grain Cheerios & WG Crackers Chicken Parmesan Sandwich with Mashed Potatoes (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll	31 Green Chile Egg & Cheese Burrito Honey BBQ Chicken Wings (3) with Dinner Roll, Carrot Sticks (3/4c) & Ranch <b>(380)</b>	1 Mini Cinnamon Rolls <b>NO LUNCH ON FRIDAYS</b>

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// No Mexican Conchas, French Toast, Pancakes // No Lunch on Fridays // 80% chocolate milk, 10% strawberry milk, 10% white milk (CEREAL DAY) // SEND LESS WHITE MILK NON CEREAL DAYS// No Pizza on Menu // JUICE ON TUESDAYS & THURSDAYS



“Eat Right, Be Bright!”