


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
B	 <b>Labor Day</b>	120 Apple Cinnamon Tamal	140 Reduced Sugar Trix & WG Crackers	120 Waffles (2) with Syrup	120 Sunbutter & Graham Crackers
L		200 BBQ Chicken Sandwich on a Hoagie Roll with BBQ Corn Salad (1/2c)	200 Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Green Salad (1c)	260 Chicken Tamal with Pinto Beans (1/2c)	<b>No Lunch</b>
salad		50 Santa Fe Chicken Salad with a Wheat Dinner Roll	100 Ceasar Chicken Salad with a Wheat Dinner Roll	<b>No Salad</b>	<b>No Salad</b>
S		<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
B	120 String Cheese & Graham Crackers	120 Blueberry Muffin & WG Crackers	140 Reduced Sugar Cinnamon Toast Crunch & WG Crackers	100 Pancakes (2) with Syrup	100 English Muffin & Jelly
L	200 Parmesan Chicken Pasta with Carrot Sticks (1/2c) & Ranch	230 Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatos (1/2c)	200 Ham & Cheese Croissant Sandwich with Green Salad (1c)	260 Beef & Cheese Nachos with Pinto Beans (1/2c)	<b>No Lunch</b>
salad	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	40 Santa Fe Chicken Salad with a Wheat Dinner Roll	100 Caesar Chicken Salad with a Wheat Dinner Roll	<b>No Salad</b>	<b>No Salad</b>
S	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
B	120 Yogurt & Graham Crackers	120 Banana Muffin & WG Crackers	140 Lucky Charms & WG Crackers	100 Cinnamon French Toast w/Syrup	120 WG Apple Cinnamon Donut
L	200 Chicken Breast Pita Sandwich with Carrot Sticks (1/2c) & Ranc	200 Beef Taquitos (2) with Whole Kernel Corn (1/2c)	220 Turkey Salad Sandwich with Green Salad (1c)	<b>No Lunch</b>	<b>No Lunch</b>
salad	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	50 Santa Fe Chicken Salad with a Wheat Dinner Roll	100 Caesar Chicken Salad with a Wheat Dinner Roll	<b>No Salad</b>	<b>No Salad</b>
S	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>
	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
B	120 String Cheese & Graham Crackers	120 Apple Cinnamon Tamal	140 Multi Grain Cheerios & WG Crackers	120 Mini Bagel with Sunbutter	120 Mini Cinnamon Rolls
L	220 Spaghetti (1/2c) & Meatballs with Mixed Vegetables (1/2c)	230 Chicken & Waffles with Mashed Potatoes (1/2c)	220 Macaroni & Cheese with Green Salad (1c)	260 Beef & Cheese Nachos with Pinto Beans (1/2c)	<b>No Lunch</b>
salad	30 Chef Turkey & Ham Salad with a Wheat Dinner Roll	30 Santa Fe Chicken Salad with a Wheat Dinner Roll	100 Caesar Chicken Salad with a Wheat Dinner Roll	<b>No Salad</b>	<b>No Salad</b>
S	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>
	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
B	120 Yogurt & Graham Crackers	120 Egg & Cheese Burrito	140 Coco Puffs & WG Crackers	120 Bagel with Cream Cheese	120 Coffee Cake & String Cheese
L	200 Creamy Chicken Chipotle over Penne Pasta (1/2c) with Mixed Vegetables (1/2c)	220 Beef Chili Cheese Tater Tots (1/2c) with Dinner Roll	200 Lemon Pepper Chicken with Brown Rice Pilaf (1/2c) & Mixed Vegetables (1/2c)	260 Beef & Cheese Chimichanga with Pinto Beans (1/2c)	<b>No Lunch</b>
salad	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	50 Santa Fe Chicken Salad with a Wheat Dinner Roll	100 Caesar Chicken Salad with a Wheat Dinner Roll	<b>NO Salad</b>	<b>No Salad</b>
S	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>	<b>No Snack</b>

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes:

“Eat Right, Be Bright!”

