December 2019 — School — GRADE: K-8 — Menu

B= L= S= | Serve w/ Milk & Fruit

Menus subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	**3**	**4**	**5**	**6**
B	130 Chocolate Crescent	120 Yogurt & Graham Crackers	140 Lucky Charms & WG Crackers	130 Cinnamon French Toast w/Syrup	130 Mexican Concha
L	Turkey Salad Sandwich with Carrot Sticks (1/2c) & Ranch	240 Chili Dog with Whole Kernel Corn (3/4c)	200 BBQ Chicken Sandwich on a Hoagie Roll with Green Salad (1 1/2c)	250 Chicken Quesadilla with Pinto Beans (3/4c)	
ala S	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	40 Santa Fe Chicken Salad with a Wheat Dinner Roll	150 Caesar Chicken Salad with a Wheat Dinner Roll		
	9	**10**	**11**	**12**	**13**
B	140 Coco Puffs & WG Crackers	130 String Cheese & Graham Crackers	130 Blueberry Muffin & WG Crackers	120 Waffles with Syrup	120 WG Apple Cinnamon Donut
L	200 Chicken Breast Pita Sandwichwith Carrot Sticks (1/2c) & Ranch	260 BBQ Pork Rib Sandwich with Mashed Potatoes (3/4c)	180 Turkey Salad Sandwich with Green Salad (1 1/2c)	250 Green Wet Chicken Burrito with Pinto Beans (3/4c)	
ala S	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	30 Santa Fe Chicken Salad with a Wheat Dinner Roll	150 Caesar Chicken Salad with a Wheat Dinner Roll		
	16	**17**	**18**	**19**	**20**
B	140 Reduced Sugar Trix & WG Crackers	130 Yogurt & Graham Crackers	130 Banana Muffin & WG Crackers	130 Pancakes (2) with Syrup	130 Zuchinni Loaf
L	240 Ham & Cheese Sandwich with Carrot Sticks (1/2c) & Ranch	200 Creamy Basil Chicken Tortilla Wrap with Basil Corn Salad (1/2c)	180 Turkey & Cheese Sandwich with Green Salad (1 1/2c)	280 Breaded Chicken Drumstick with BBQ Baked Beans (3/4c) & Dinner Roll	
ala S	100 Chef Turkey & Ham Salad with a Wheat Dinner Roll	50 Santa Fe Chicken Salad with a Wheat Dinner Roll	150 Caesar Chicken Salad with a Wheat Dinner Roll		
	23	**24**	**25**	**26**	**27**
B					
L					
alad S					
	30	**31**			
B					
L					
S					

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes:

FreshStart

“Eat Right, Be Bright!”