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Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

Last updated: 09/16/22 at 12:00 pm

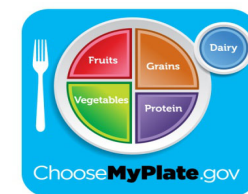
MONDAY RED/ORANGE		TUESDAY LEGUMES		WEDNESDAY DARK GREEN		THURSDAY STARCHY		FRIDAY OTHER	
		1		2		3		4	
	125		Grilled Cheese Sandwich	125	Strawberry Muffin	125	Maple Waffle	125	Coffee Cinnamon Crumble
	200		Chicken Quesadilla w/spanish rice (1/2c) & pinto beans (3/4c)	250	Spaghetti and Meatballs w/broccoli (3/4c)	275	Buffalo Wings w/dinner roll & tater tots (3/4c)		
								175	Italian Turkey, Ham & Cheese Hoagie Sandwich w/carrot sticks (3/4c)
	30		Santa Fe Chicken Salad with a Wheat Dinner Roll	30	Caesar Chicken Salad with a Wheat Dinner Roll	30	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
7		8		9		10		11	
125	Mexican Concha	125	Bean & Cheese Breakfast Burrito	125	Coffee Cinnamon Crumble	125	Coco Puffs & WG Crackers	125	String Cheese & Strawberry NutriGrain Bar
		250	Red Chicken Enchiladas w/pinto beans (3/4c)	200	Teriyaki Chicken Chow Mein Bowl w/broccoli (3/4c)	250	Chicken Nuggets w/whole kernel corn (3/4c)	200	Breaded Chicken Patty on a HB Bun w/carrot sticks (3/4c)
200	Chipotle Cheese Pasta Salad w/carrot sticks (3/4c)								
30	Italian Antipasto Salad with a Wheat Dinner Roll	30	Santa Fe Chicken Salad with a Wheat Dinner Roll	30	Caesar Chicken Salad with a Wheat Dinner Roll	30	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
14		15		16		17		18	
125	Yogurt & Graham Crackers	125	Sausage English Muffin	125	Pumpkin Spice Muffin	125	Cinnamon Toast Crunch & WG Crackers	125	Bagel & Cream Cheese
		250	Three Cheese Mac & Cheese w/bbq baked beans (3/4c)	250	Spaghetti and Meat Sauce (3/4c) w/broccoli (3/4c)	200	Orange Chicken Bowl w/brown rice (3/4c) & whole kernel corn (3/4c)		
200	Parmesan Cheese Pasta Salad w/carrot sticks (3/4c)							175	Italian Turkey, Ham & Cheese Hoagie Sandwich w/carrot sticks (3/4c)
30	Italian Antipasto Salad with a Wheat Dinner Roll	30	Santa Fe Chicken Salad with a Wheat Dinner Roll	30	Caesar Chicken Salad with a Wheat Dinner Roll	30	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
21		22		23		24		25	
NO SCHOOL		NO SCHOOL		NO SCHOOL				NO SCHOOL	
28		29		30		1		2	
125	Yogurt & Graham Crackers	125	Pancakes (2)	125	Banana Muffin	125	Coco Puffs & WG Crackers	125	Coffee Cinnamon Crumble
		200	Chicken Tamal w/pinto beans (3/4c)	250	Three Cheese Mac & Cheese w/broccoli (3/4c)			200	Alfredo Cheese Pasta w/steamed carrots (3/4c)
200	Chipotle Cheese Pasta Salad w/carrot sticks (3/4c)					200	Garlic Pesto Cheese Pasta Salad w/basil corn salad (3/4c)		
30	Italian Antipasto Salad with a Wheat Dinner Roll	30	Santa Fe Chicken Salad with a Wheat Dinner Roll	30	Caesar Chicken Salad with a Wheat Dinner Roll	30	Chef Turkey & Ham Salad with a Wheat Dinner Roll		

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

**School Notes:**

**NO SCHOOL 11/21-11/25 THANKSGIVING**



*eat right, be bright!*