

# August 2023

## Ilead Lancaster

GRADE: K-8  
SBP/NSLP Menu

Serve w/ Milk & Fruit

B=

L=

S=

Last updated: 7/1/23 at 11:11am

Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

	MONDAY RED/ORANGE		TUESDAY DARK GREEN		WEDNESDAY LEGUMES		THURSDAY STARCHY		FRIDAY OTHER	
	31		1		2		3		4	
Breakfast										
Hot Meal	No School		No School		No School		No School		No School	
Cold Meal										
Daily Salad										
	7		8		9		10		11	
Breakfast										
Hot Meal	No School		No School		No School		No School		No School	
Cold Meal										
Daily Salad										
	14		15		16		17		18	
Breakfast			150	Bean & Cheese Breakfast Burrito	150	Coffee Cinnamon Crumble	150	Coco Puffs & WG Crackers	150	Mexican Concha
Hot Meal	No School									
Cold Meal			300	Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c)	300	Cilantro Chicken Pasta Salad	300	Turkey & Cheese Panini w/bbq corn salad (3/4c)	175	Ham and Cheese Sandwich on Hoagie w/carrot sticks (3/4c)
Daily Salad			50	Santa Fe Chicken Salad with a Wheat Dinner Roll	50	Caesar Chicken Salad with a Wheat Dinner Roll	50	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
	21		22		23		24		25	
Breakfast	150	Coffee Cinnamon Crumble	150	Trix & WG Crackers	150	Banana Muffin	150	Cinnamon Toast Crunch & WG Crackers	150	Strawberry Muffin
Hot Meal										
Cold Meal	300	Ham and Cheese Panini w/carrot sticks (3/4c)	300	Chicken Pasta Primavera Salad	300	Oriental Chicken Tortilla Wrap w/bbq bean salad (1/2c)	300	Fiesta Chicken Pasta Salad	175	Ham and Cheese Bagel Sandwich w/carrot sticks (3/4c)
Daily Salad	50	Italian Antipasto Salad with a Wheat Dinner Roll	50	Santa Fe Chicken Salad with a Wheat Dinner Roll	50	Caesar Chicken Salad with a Wheat Dinner Roll	50	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
	28		29		30		31		1	
Breakfast	150	Banana Muffin	150	Sausage English Muffin	150	Blueberry Muffin	150	Multi Grain Cheerios & WG Crackers	150	Mexican Concha
Hot Meal										
Cold Meal	300	Caesar Chicken Tortilla Wrap w/carrot sticks (1/2c)	300	Chicken Pasta Primavera Salad	300	Ham and Cheese Bagel Sandwich w/bbq bean salad (3/4c)			175	Ham and Cheese Panini Sandwich w/bbq corn salad (3/4c)
Daily Salad	50	Italian Antipasto Salad with a Wheat Dinner Roll	50	Santa Fe Chicken Salad with a Wheat Dinner Roll	50	Caesar Chicken Salad with a Wheat Dinner Roll	350	Chef Turkey & Ham Salad with a Wheat Dinner Roll		

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes:

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